

Who am I?

Answer this question;

If Jesus walked into this room and looked straight at you, what would be the expression on His face, and what would He say to you?

Your answer to the above question says a lot about how you see yourself. And, your answer may not be the way Jesus actually sees you. A Christian who sees themselves as God sees them has a great platform on which to live a life fulfilling God's purpose. However, many Christians are carrying around wrong mindsets of who they are, wrong mindsets of how others see them, and wrong mindsets of how God sees them.

The results of these **wrong mindsets** include;

- Guilt and shame
- The crippling of people, preventing them from achieving what God has for them
- The desire to find acceptance and self worth outside of God. The result of this may be; substance abuse, unhealthy relationships, people pleasing, controlling others, dragging people down, etc...
- And the list goes on.....

Below is a list of "I am" statements that describe who a Christian is. Read this list out loud.

- I am a child of God (Jn 1:12)
- I am Christ's friend (Jn 15:15)
- I am free from condemnation (Rom 8:1)
- I am a new creation (2 Cor 5:17)
- I am an enemy of the devil (1 Pet 5:8)
- I am a saint (Eph 1:1; 1 Cor 1:2; Phil 1:1; Col 1:2)
- I am righteous and holy (Eph 4:24)
- I have been given the mind of Christ (1 Cor 2:16)
- I am a son of God; God is spiritually my Father (Rom 8:14, 15; Gal 3:26; 4:6)
- I am a joint heir with Christ, sharing His inheritance with Him (Rom 8:17)
- I am God's workmanship – His handiwork – born anew in Christ to do His work (Eph 2:10)
- I am a citizen of heaven, seated in heaven right now (Phil 3:20; Eph 2:6)
- I am chosen of God, holy and dearly loved (Col 3:12; 1 Thess 1:4)
- I am a member of a chosen race, a royal priesthood, a holy nation, belonging to God (1 Pet 2:9-10)
- I am an alien and stranger in this world in which I temporarily live (1 Pet 2:11)
- I am born of God, and the evil one – the devil – cannot touch me (1 Jn 5:18)
- I am NOT the great 'I am' (Ex 3:14; Jn 8:24, 28, 58), but by the grace of God, I am what I am (1 Cor 15:10)
- I have been justified – completely forgiven and made righteous (Rom 5:1)
- I am a temple – a dwelling place – of God. His Spirit and His life dwells in me (1 Cor 3:16; 6:19)
- I have been bought with a price; I am not my own; I belong to God (1 Cor 6:19, 20)
- I have been blessed with every spiritual blessing (Eph 1:3)
- I was chosen in Christ before the foundation of the world to be holy and am without blame (Eph 1:4)
- I was predestined – determined by God – to be adopted as God's son (Eph 1:5)
- I have been redeemed and forgiven, and am a recipient of His lavish grace. (Eph 1:7)
- I may approach God with boldness, freedom and confidence (Eph 3:12)
- I have been rescued from the domain of Satan's rule and transferred to the Kingdom of Christ (Col 1:13)
- I have been given a spirit of power, love and self-discipline (2 Tim 1:7)
- I have the right to come boldly before the throne of God to find mercy and grace in time of need (Heb 4:16)



Reflection Questions

1. Pick out 2 statements that really **stand out** to you. Discuss **why** they stand out with your mentor.
2. In what areas does your mind sets need to **change**?
3. Now take some time to **repent** of those wrong mindsets and then choose to **accept** and **believe** what God thinks about you?

Dealing with mindsets can be a difficult step for some people. If you find that there is no significant change, it is wise for you to take the next step and have some prayer ministry.