

My View of Me

We all have an opinion of ourselves. We call it our self-image. Our opinion of ourselves is vitally important because it shapes who we are becoming. We rise to what we believe about ourselves. Answer the following questions and then discuss your answers with your mentor:

Question 1 - When you say your name what sort of person do you think of?

Question 2 - What is the purpose of your life?

Question 3 - What are your strengths?

Question 4 - What do you see as your weaknesses?

Question 5 - How would you describe your personality?

Question 6 - What do you think about your appearance?

Question 7 - What do you think of your past?

Question 8 - What do you think of your future?

