

Walk With Jesus



In your mentoring relationship, one of the most important questions your mentor will ask you is *“How is your walk with Jesus?”*

Our walk with Jesus is the most important part of our lives and it is essential that it is healthy and growing. This question helps you keep track of where you are up to on your journey.

This resource gives you a tool to help you measure your walk with Jesus from one week to another and for your mentor to use with you in your mentoring sessions. This tool gets you to think about your relationship with Jesus on a scale of 1 to 10, with a description of what the numbers mean under the scale.

This tool is not a test. It is simply a way to help you measure where you are up to in your journey, with the desire that you will see yourself growing in your relationship with Jesus over time. It also helps your mentor encourage you in your journey.

So with that in mind, ask yourself the question “Out of 10, how is my relationship with Jesus?” using the scale and descriptions below.

1	2	3	4	5	6	7	8	9	10
<u>Descriptions</u>									
1			5			10			
<ul style="list-style-type: none"> • I rarely read my Bible • I rarely pray, and when I do, it is when things aren't going so well • I seem far from God, and struggle to see Him working in my life • I made a decision to follow Jesus in the past, but I don't make a conscious choice to live for Him • I make choices based on what is best for me, and I am not interested in transformation at this point 			<ul style="list-style-type: none"> • I read my Bible a few days a week and I am occasionally challenged/encouraged by what I read. • I pray most days, usually for my immediate family and our needs • I know God is with me, because it says it in the Scriptures, but I don't notice Him too much • I desire to live like Jesus. I usually make choices to do things His way. I am seeing small changes and slowly becoming more like Jesus 			<ul style="list-style-type: none"> • I read my Bible daily and recognise that God speaks to me through His Word and I feel challenged and refreshed • I pray throughout the day, and also have a set time of more than 15 minutes in prayer each day. I regularly include fasting with prayer. I pray for my family, church, community, unsaved friends and myself • I recognise Jesus' presence with me throughout the day. I listen to His voice, and converse with Him regularly • I desire to live like Jesus. I am making deliberate choices to do things His way. I am seeing transformation in my life and I am becoming more like Jesus 			